



"Quality Care is Our Promise"

A Post-Test for Teaching about Lifts

Questions.....

1. When lifting and moving patients, always explain to them what you are going to do.
 - A. True
 - B. False

2. The techniques for lifting, moving, and transferring of patients requires a lot of practice by the home care aide in order to be done properly and safely.
 - A. True
 - B. False

3. Your patient, Mrs. Stone, must be placed on a Hoyer lift sling for transfer. What technique should be used?
 - A. Pivot
 - B. Sliding
 - C. Log Rolling
 - D. Lifting

4. Remember to _____ all mechanical devices before starting any transfers.

5. After transferring a patient from the wheelchair to the bed using a mechanical device, you should:
 - A. Check the patient's body alignment.

B. Assess the patient's vital signs.

C. Raise the side rails (if applicable).

D. All of the above.

E. None of the above.

6. Before performing any patient-related task, you should:

A. Chart or document it so you won't forget.

B. Wash your hands.

C. Explain to your patient your actions.

D. All of the above.

E. Only B & C are correct.

7. Always move the Hoyer lift quickly to increase the patient's confidence in you.

A. True

B. False

8. The sling should be placed between the patient's shoulders and the knees for adequate weight, support, and safety.

A. True

B. False

9. The use of the lift may cause a patient anxiety.

A. True

B. False

10. Explain in your own words the reasoning behind assessing your patient's vital signs (blood pressure and pulse) before and after transferring with a hydraulic lift.

** Bonus: What other vital sign should be assessed for irregularities before and after transfers with a hydraulic lift?